Chamber CHATTER





"The Voice for Business & Community"

Chamber-News-

MONTEVALLO CHAMBER OF COMMERCE WELCOMES NEW 2021 BOARD MEMBERS



Alison Baggett

Alison Baggett is the owner of The Art Studio, a local creative studio for kids and adults. She has been a resident of Montevallo for a decade where she lives with her husband and four kids.

Obie Moore



Obie Moore is Co-owner of Moore Brothers Automotive, 59 years old, moved to Montevallo in 1971 and has lived here on and off ever since. Married for 41 years and has two daughters and four grandsons. Moore Bro. Automotive was inducted into the Montevallo business hall of fame in 2019.



Kira Thomas

Kira Thomas is a hometown girl who attended the Montevallo schools from preschool all the way through to the University of Montevallo where she earned her bachelor's in marketing. Kira serves as the Director of University Marketing and Communications at UM.

2021 BOARD OF DIRECTORS

Elijah Colburn, Chairman Nicole Heaton, Vice-Chairman Brandon Lovelady, Treasurer Amiee Mellon, Secretary Paige Wallace, Immed. Past Chairman Alison Baggett

Jackie Chappell Susan Fulmer Mary Lawson Obie Moore Julie Smitherman Kira Thomas

CHAMBER STAFF Adele Nelson, Executive Director Mike Galloway, Marketing Consultant





NELSON NAMED NEW CHAMBER DIRECTOR

After serving in the capacity of the director's assistant for five years, Adele Nelson was recently named the Montevallo Chamber of Commerce Executive Director. The Montevallo Chamber of Commerce has served Business and Community for over 70 years. Established in 1949, the Chamber is a core business organization that supports the economic well being of its members and the community.

Throughout her adult life, Adele has been an active volunteer in several community, arts, and service organizations. She serves on the Board of Directors for Shelby Emergency Assistance, Montevallo Main Street, Montevallo ArtWalk, Tinglewood Festival Committee, and Alabaster Arts Council. She is also a member of Montevallo Arts Collaborative, Geographic Technical Advisory Group. Shelby County Camera Club and Shelby County Arts Council.

Adele was born in England as part of a military family that was stationed along the east coast, as far north as Bangor, Maine and as far south as Key West, Florida. After her Dad retired, the family moved back home to Alabama.

After obtaining her CAPZO from the University of North Alabama, Adele worked in local government as a planning and zoning coordinator before returning to Montevallo to work for the Chamber. Her previous experience as a Montevallo business owner gives her valuable insight.

Adele and her husband of 41 years, Mark, have two grown sons and daughter-in-laws.

March 2021 | Vol. 20, No. 3

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2nd TUESDAY IMPACT MONTEVALLO COALITION VIRTUAL MEETING 9:00am, email - impactmontevallo@gmail.com for link

10th - 13th WED - SAT **UM COLLEGE NIGHT** 2021 will be held virtually. For info https://www.montevallo.edu/about-um/traditions/collegenight/2021cn/

12th FRIDAY MONTEVALLO SCHOOLS MES, MMS & MHS No School - Teacher Workday

13th SATURDAY (cancelled) 4th ANNUAL LOVE MONTEVALLO DAY

14th SUNDAY DAYLIGHT SAVINGS TIME BEGINS

17th TUESDAY ST. PATRICK'S DAY

(postponed) MONTEVALLO CHAMBER MONTHLY LUNCHEON

20th SATURDAY SPRING BEGINS

27th SATURDAY **FREE DUMP DAY AT SHELBY COUNTY LANDFILL** Montevallo residents can take advantage of trucks on March 27th from 7am - 2pm to haul off unwanted items. Trucks will be available at Montevallo Recycling Center -1120 Overland Rd

22nd - 26th MON - FRI SPRING BREAK Shelby County Schools & University of Montevallo

28th SUNDAY PALM SUNDAY

30th TUESDAY SPECIAL PRIMARY ELECTION AL House District 73 (HD73) and AL Senate District 14 (SD14) Make sure to visit Love, Montevlalo photo op located to the left past Smitherman's in Owl's Cove Park.

Photo Op will be up till

the end of March .





Taking Orders for Vidalia Onions \$10.00 for a 10 lb. bag Deadline to order April 15th with tentative delivery date of May 6th. Contact any Montevallo Civitan or Kate Vogel at kvogelashfield@aol.com or 205-665-5878 to order.

PLATINUM LEVEL CITY OF MONTEVALLO MONTEVALLO INDUSTRIAL DEVELOPMENT BOARD

> **GOLD LEVEL** MONTEVALLO FAMILY DENTISTRY TRUSTMARK BANK UNIVERSITY OF MONTEVALLO

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For additional information about how to become a Chamber Business Partner contact Chamber Director Steve Gilbert (205) 665-1519



An Illinois Yankee in King Cotton's Court

Submitted by Marty Everse

Louesa Jane Keys arrived in Montevallo in 1913 wide-eyed and holding a fresh diploma from the University of Illinois in Household Science. She had landed a position as Instructor at the Alabama Girls Technical Institute and soon began snapping photographs in what must have been a new and unfamiliar environment for a Midwestern woman. Pasting and labeling the images in a scrapbook, she recorded views of the campus and town, African American families, Davis Falls, and what was probably especially novel to her, cotton. At the time, Robert Fulton McKibbon had cornered the ginning market in Montevallo and so Louesa wandered over to his place and clicked a couple scenes of his steam powered gin. As an aside, McKibbon is most remembered today for the elegant Victorian home he constructed on the corner of East Boundary and Shelby Streets.



"Cotton on scales at gin"





"Cotton gin" Photographs courtesy of Alabama Department of Archives and History



540 Shelby Street Montevallo, AL 35115 www.historicmontevallo.org

"The Voice for Business & Community"

Montevallo Chamber Chatter | March Issue | Page 3

WORK-OUT EQUIPMENT INSTALLED IN MONTEVALLO PARKS



ORR PARK

Orr Park has equipment that is meant for healthy aging including an ab crunch/leg lift equipment, steps, ladder bars, pull ups bars and a hand cycle machine. The ladder bars can be used for many exercises as well.

GEORGE DAILEY PARK

George Dailey Park is equipped with steps, and a combination street workout system featuring an incline bench, push up bar, decline press, horizontal ladder, and pull up-station.

Don't forget to download the Kompan Fitness app.

Thank you Sustainable Montevallo





Spa Pedicure

• Tip Overlay

Manicure

Charlotte S. Conwell

Certified Public Accountant

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• Nails Art

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SMOKE ALARM SAFETY AT HOME

SMOKE ALARMS ARE A KEY PART of a home fire escape plan. When there is a fire, smoke spreads fast. Working smoke alarms give you early warning so you can get outside quickly.

Safety Tips

- Install smoke alarms in every bedroom. They should also be outside each sleeping area and on every level of the home. Install alarms in the basement .

- It is best to use interconnected smoke alarms. When one smoke alarm sounds, they all sound.

- Test all smoke alarms at least once a month.

- People who are hard-of-hearing or deaf can use special alarms that have strobe lights or bed shakers.

- Replace all smoke alarms when they are 10 years old.



Roughly 3 out of 5 deaths happen in homes with no smoke alarms or working smoke alarms.





Les recordamos que en su panaderia, estamos abiertos los 7 días de la semana de 7 am a 9 pm. Visitanos y encontrarás una amplia variedad en panes artesanales, repostería, piñatas, pasteles y postres.

We remind you that in your bakery, we are open 7 days of the week from 7 AM TO 9 PM. Visit us and you will find a wide variety of handmade breads, pastry, piñatas, cakes and desserts.





ABOUT APRIL WEAVER

April Weaver served ten years as an accomplished state legislator in the Alabama House of Representatives, including five years as Chair of the House Health Committee. She was the first woman in Alabama history to serve in this position. She served as the Chair of the Shelby County House Delegation from October 2016 until May 2020. Her former House District included Shelby, Bibb and Chilton counties, the same counties that are in Senate District 14. During her tenure in the State House, Weaver had a reputation of being a strong conservative on both fiscal and social issues.

In May 2020, April was appointed to serve as the Regional IV Director for the United States Department of Health and Human Services during the height of the Govid pandemic. Her leadership and experience in both public service and the private sector were the paramount reasons she was asked to serve in the Administration. A registered nurse who holds bachelor's and master's degrees in business administration, Weaver worked for over 23 years as a hospital leader in various management roles in urban, suburban and rural hospitals.

April is married to Dr. Darrel Weaver and is a member of Pelham First Baptist Church.





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Honoring Chief Bill Reid for his 50 years of service with Montevallo Fire and Rescue and his 22 years as Fire Chief. (I to r) Deputy Chief Danny Reid - Pelham Fire Dept., Chief Mike Reid - Pelhan Fire Dept., Mayor Rusty Nix, Rita Reid, Chief Bill Reid, Capt. Andy Reid - Alabaster Fire Dept., Battalion Chief Phillip Reid - Alabaster Fire Dept. and Chief Brad Davis - Montevallo Fire Dept.







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BARBARA MAYWEATHER BELISLE 9/21/1936 - 2/6/2021

Bobbie Jean Mayweather Belisle was born to the late William Mayweather and Betty Mayweather on September 21, 1936. (Later in life she changed her name to Barbara.) She accepted Christ at an early age at Ward Chapel AME Church in Montevallo where she sang in the choir and was a member of the YPD. She later became a member at a Catholic church in Birmingham, Alabama, then St. Paul Lutheran Church in Birmingham, AL. Later she



moved to New Orleans, Louisiana where she attended Trinity Lutheran Church. After returning home to Montevallo, she rejoined Ward Chapel AME where she remained a faithful servant of the Lord.

Barbara graduated from Prentice High School (now Montevallo Middle School). She went on to attend Alabama A&M University, LSU-NO (now the University of New Orleans) and Miles College, where she graduated with a Bachelor's degree in English. She went on to further her education and attended Alabama State University and the University of Montevallo, where she received her Master's degree in English.

While living in New Orleans, she worked as a librarian for New Orleans Public Library. She later returned to Montevallo where she worked at Calera High School as a librarian. In 1966, she went on to become the first African-American teacher in Shelby County and taught at Montevallo High School. After 28 years, she retired. She went on to work as the Night Manager of Circulation at Carmichael Library at the University of Montevallo where she retired after 20 years.

During her teaching venue, she received one of Alabama's first Golden Apple for the Teacher awards, was listed in



Who's Who Among America's Teachers, was selected as Teacher of the Year at her school, and was presented the Community Service Award. She also won the WENN Radio Favorite Teacher contest where students in Shelby and surrounding counties called in to the radio station and voted for their favorite teacher. She won with over 1,000 votes.

In addition, she held memberships in many professional education associations, including The American Association of University Women. Other community organizations included the Montevallo Arts Council, Montevallo Main Street Players (where she enjoyed acting and singing), the Montevallo Park and Recreation Board, the Birmingham Civil Rights Institute, the Birmingham Museum of Art, and the Alabama Writers' Conclave. She was also a member and active volunteer of the Smith Scholarship, Inc., where she was a speaker, lecturer, and mentor for over a decade.

Because of her love for reading and writing, Barbara also added "author" to her list of talents. Some of her publications include *The Red Hills of Alabama, A Wish Away, Where's U're, The Say and Duck Chronicles, Part 1,* and *Reaping Tenants.* In addition, her writing also included poems. One of her poems, *"Do Fence Them In,"* was published in the National Library of Poetry's *"Windows of the Soul."*

Barbara Belisle was a "phenomenal woman." She was one of the most caring, gentle, kind, humble, and loving individuals. She always put others in front of herself and would go above and beyond to make sure everybody was happy. She "genuinely" loved and cared for everyone, and always wanted to make sure that everyone was "okay." She will always and forever be an inspiration. She was loved so much. She will truly be missed.



12 HEALTHY HABITS TO ADOPT IN 2021

Submitted by Nicole Heaton, Pharmacist, Montevallo Drug

Did you make a New Year's resolution this year? Have you stuck to it? Healthy living is much more than a resolution, which are often forgotten by this time in the year. Instead, it is a 365-day process made up of small steps that can add up to a big change. Make 2021 the year you become the best you that you can be. Here are 12 healthy habits to get you started:

1. Eat more fruits and vegetables: A diet rich in produce can help lower blood pressure, reduce the risk of heart disease and stroke and protect eye health.

2. Move more: Exercise can improve brain health, help you manage your weight, and strengthen your bones and muscles. Regular physical activity can also reduce your chances of developing medical conditions like type 2 diabetes, heart disease, or stroke. Try to get at least 150 minutes of exercise each week.

3. Eat earlier: Consuming calories later in the day may be associated with higher rate of obesity. When researchers compared 6 p.m. dinners to 10 p.m. dinners, they found higher blood sugar levels and less fat burned overnight for the late dinners.

4. Practice gratitude: Grateful people are more likely to take better care of themselves, including eating better and exercising more. Practicing gratitude also reduces toxic emotions and lowers stress.

5. Eat breakfast: In addition to giving you a boost to start your day, recent studies have shown that people who eat a healthy breakfast may burn twice as many calories as those who eat their biggest meal in the evening. Another study showed that adults with type 2 diabetes were better able to control their blood sugar by eating a high-energy meal for breakfast and a low-energy one for dinner. Simply changing the timing of meals can reduce glucose peaks throughout the day.

6. Drink more water: Your body needs water to survive, yet many of us don't drink enough. You have likely heard that you should drink



at least eight 8 oz. glasses of water a day. This may be a reasonable goal, but the fact is each of our needs is different, based on our health and activity level.

7. Power down: One in four Americans brings their cell phone to bed with them. Six in 10 use a laptop within an hour of going to bed. Studies have shown that the blue light from devices can interfere with sleep. Power down at least an hour before bedtime and make your bedroom a device-free zone.

8. Get more sleep: Not getting enough sleep is linked to increased risk of obesity, stroke, heart attacks, type 2 diabetes, depression, even Alzheimer's disease.

9. Try new things: Trying new things keeps your mind and body active. In fact, learning a new skill can lead to changes in adult brains, creating new connections between brain cells.

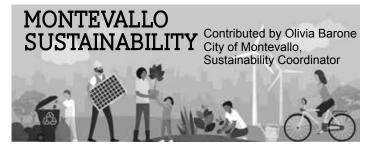
10. Quit smoking: The benefits of quitting smoking can be seen almost immediately. In fact, within 20 minutes of quitting, your heart rate and blood pressure will drop. Over time, circulation and lung function will improve, and the risk of heart attack, stroke and smoking-related cancers will decrease.

11. Build muscle: For most adults, adding strength training to your exercise plan two to three times a week can have many health benefits, especially seniors. In addition to increasing muscle strength, strength training can preserve bone density and reduce the risk of osteoporosis. (Always make sure to check with your doctor before starting a new exercise plan).

12. Get outside: Nature has been linked to many health benefits, from lowering stress to increasing attention, even improving empathy and cooperation. From a walk in the park to hiking in the wilderness, there is increasing evidence that nature positively impacts both our physical and mental wellbeing.

Here's to a healthy year, and healthy habits to help you the rest of your days! Pick one to get started on your healthy journey today!

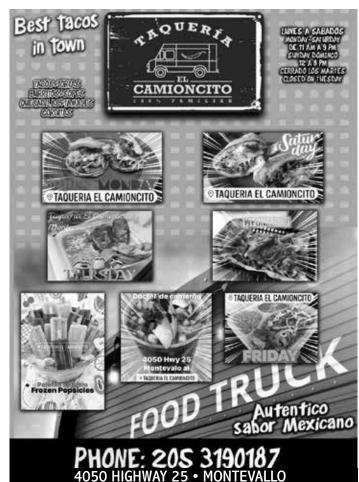




I hope everyone has used our new single stream recycling system! Your patience and understanding have not gone unnoticed. For those of you who have not been yet, recyclers must follow the arrows and traffic cones to the big machine (compactor). Once at the compactor, put all recyclables into the compactor – yes all! Plastic, paper, cardboard, etc. even bagged is okay!! This change, to single stream recycling, makes the system easier, saves the city over \$13,000 a year on labor costs, and all the materials stay domestic allowing for economic and job growth in the southeast.

We have magnets available to take home as a reminder of what is and is not accepted. These magnets were purchased as part of the 2020-2021 ADEM Recycling Fund Grant. In 2008, the Solid Waste and Recyclable Materials Management Act (SWRMMA) passed legislation placing a \$1 per ton tipping fee on all solid waste sent to the landfill. Twenty-five percent of these fees go to the grant. Montevallo was one of 16 communities awarded and continues to be recognized for its sustainable initiatives.

It may seem too good to be true, but we have been working on this contract since March of 2020. Though, there are some areas that still need to be worked out, this new system



has already spoken for itself. In January 2021, we recycled over 15 tons compared to January 2020, where we recycled 1.79 tons.

From January to December 2020, we recycled 117,560 lbs. (58.78 tons). I believe this new system will allow us to double, even triple these diversion rates.



In addition to the single stream recycling program, we have donated

39,500 lbs. to America's Thrift Store from May to December 2020 and 5,000 lbs. since January 2021. We also recycled an estimated 3,500 lbs of E-waste. Electronics recycling is now available during all open hours at the Recycling Center. Please go to cityofmontevallo.com/sustainability for the list of what is and is not accepted.

In addition to the recycling efforts, sustainability is integrated in other areas of the Montevallo community. Including but not limited to, projects relating to quality of life and healthy habits, energy efficiency, and walkability.

If you are interested in learning more:

- 1. Follow us on Facebook @sustainablemontevallo
- 2. Regularly check cityofmontevallo.com/sustainability.aspx
- 3. Watch sustainability council committee meetings. All videos are available online.
- 4. Email obarone@cityofmontevallo.com or call 205-732-0538





Montevallo CONNECTION

MONTEVALLO ELEMENTARY SCHOOL:

3/11 - End of the 3rd 9 weeks 3/12 - Teacher work day 3/18 - Spring Pictures 3/19 - Report Cards 3/22-3/26 Spring Break

MONTEVALLO HIGH SCHOOL:

March 2nd-	5th: MHS Cheer Clinic & Tryouts
March 2nd:	MHS Softball vs. West Blocton
	MHS Soccer vs. Indian Springs
March 4th:	MHS Tennis vs. John Carroll
	MHS Softball @ Maplesville
	MHS Baseball @ Jemison
March 5th:	MHS Softball @ Wetumpka Tournament
	MHS Tennis @ Shelby County Tournament
March 6th:	MHS Baseball vs. Jemison
March 9th:	ACT for 11th-grade students;
	E-Day for 9th, 10th, and 12th
	MHS Softball @ Billingsley
	MHS Soccer vs. Sylacauga
March 11th:	End of the 3rd 9wks grading period
	MHS Softball vs. Bibb Co
	MHS Baseball @ Calera
	2



March 12th: Teacher Workday - No school for students

- March 13th: MHS Baseball @ Vincent
- March 15th: MHS Soccer @ Talladega
- March 16th: MHS Baseball @ West Blocton MHS Softball @ West Blocton
- March 17th: MHS Tennis vs. Ramsey
- March 18th: MHS Tennis @ Corner
 - MHS Baseball vs. West Blocton
 - MHS Softball vs. Isabella
 - MHS Soccer @ SCHS

March 19th: Report cards will be distributed; All school fees are due March 20th: MHS Baseball @ Mortimer Jordan

- March 22nd-26th: SPRING BREAK
- March 22nd-24th: MHS Baseball @ Leeds Tournament
- March 30th: MHS Baseball vs. Dallas Co

UNIVERSITY OF MONTEVALLO:

The University of Montevallo offers one of the top online education master's degree programs in the nation, according to *U.S. News and World Report*. The publication recently released its 2021 list of the Best Online Programs, and UM's College of Education & Human Development ranked among the top in Alabama and in the top 70 in the nation for online education master's programs. U.S. News compiled the list while ranking online programs at schools across the nation based on five categories: engagement, expert opinion, faculty credentials and training, services and technology and student excellence.



"The Voice for Business & Community"

Montevallo Chamber Chatter | March Issue | Page 11

NOW IS THE PERFECT TIME TO SELL YOUR HOUSE!

If you're thinking of selling your house for any reason (retirement, moving closer to family, downsizing...), now is the perfect time. You can sell at the top of this very strong market and have lots of interest and plenty of offers.

Why is the market so good for sellers now? You remember supply and demand, right? One of the few things any noneconomist knows about economics. Well, with traditional home-buying season approaching in March and April and people looking to move away from population centers because of the pandemic, this is a great market for sellers, especially sellers not located in city centers.

Besides the migration away from cities, here are some of the other reasons the market continues to heat up:

• The inventory of houses for sale is low. Across the nations, the number of homes for sale in rural areas has dropped 44% compared to this time last year.

Interest rates for loans are near historic lows

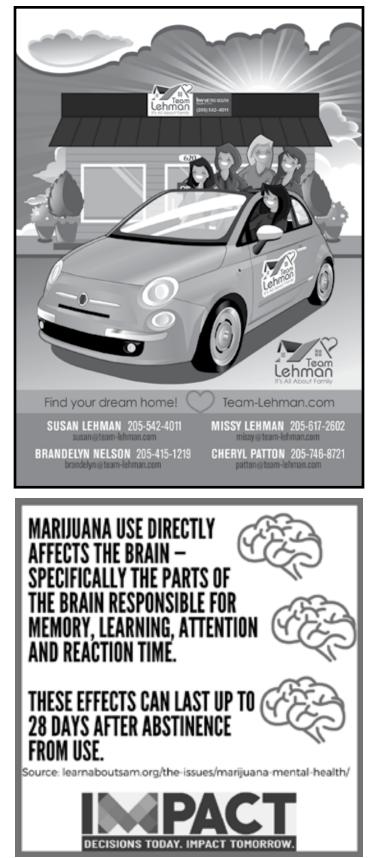
• Appraised values are on the rise across the board.

• There is a shortage of home building supplies. This increases the construction time from the usual 4 to 6 months up to 10 months in some cases.

• Houses further out from cities offer more amenities that make staying at home much more fun—better kitchens, great facilities for entertaining, exquisite yards, pools and other features all add to the value of houses right now more than ever.



If you are thinking about selling your house, give us a call. At Team Lehman, we'll walk you through the process and set up all you need to take the plunge, from getting inspections and an appraisal to arranging any needed repairs or upgrades all the way to getting you top dollar for your house. Just call Susan (205) 542-4011





2021 FOOTBALL SCHEDULES

ALABAMA 2021
Sept. 4 Miami at Atlanta
Sept. 11 MERCER
Sept. 18at Florida
Sept. 25. SOUTHERN MISS
Oct. 2OLE MISS
Oct. 9at Texas A&M
Oct. 16at Mississippi State
Oct. 23TENNESSEE
Nov. 6LSU
Nov. 13. NEW MEXICO STATE
Nov. 20ARKANSAS
Nov. 27at Auburn

AUBURN 2021 Sept. 4AKRON Sept. 11 ALABAMA STATE Sept. 18at Penn State Sept. 25 GEORGIA STATE Oct. 2at LSU Oct. 9GEORGIA Oct. 16at Arkansas Oct. 30OLE MISS Nov. 6at Texas A&M

• SCHEDULES ARE SUBJECT TO CHANGE •

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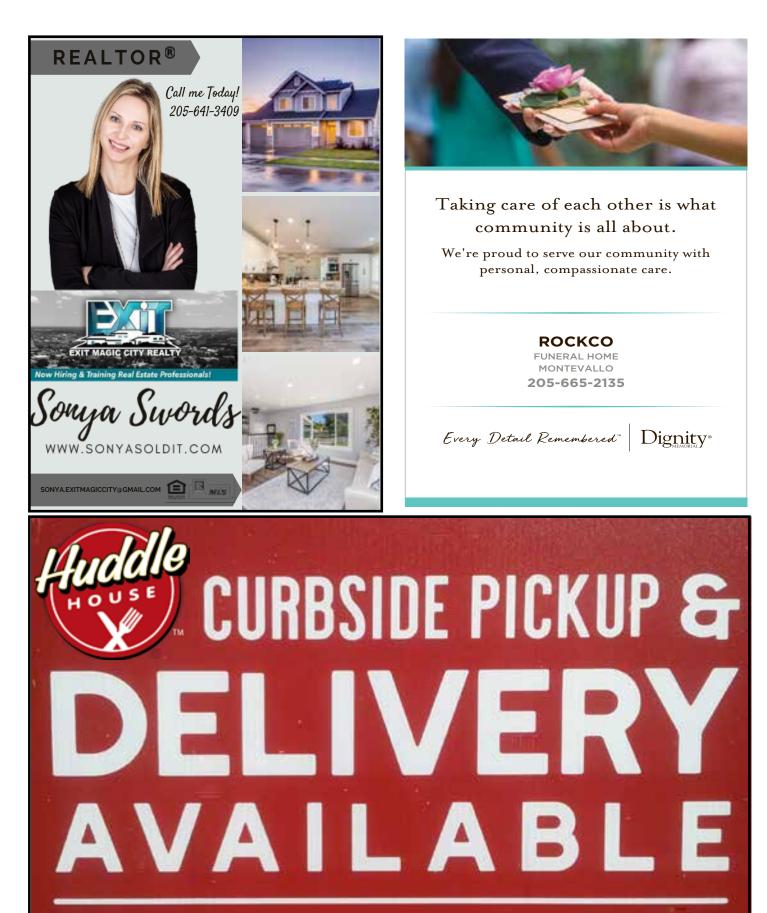
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Page 14 | Montevallo Chamber Chatter | March Issue



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"The Voice for Business & Community"

Montevallo Chamber Chatter | March Issue | Page 15



Page 16 | Montevallo Chamber Chatter | March Issue



Rev. Dr. William Thomas Evans, Sr. 5/9/1928 - 1/18/21

Rev. Dr. William T. Evans served in the Korean War in 1951, the same time he accepted his calling into ministry. Rev. Evans was called to pastor St. Mark Missionary Baptist Church Wylam, Alabama (1964); Mt. Sinai Baptist, Montevallo, Ala. (1966); Union Missionary Baptist Church, Columbiana, Ala. (1969); Pilgrim Rest Missionary Baptist Church, Montevallo, Ala. (1971) and the ultimate calling was in 1975 under the leadership of Rev. Dr. Evans, Faith Missionary Baptist Church was established.

Dr. Evans served as a Chaplain at Shelby Brookwood Baptist Medical Center and as a trustee and instructor at the Shelby Springs District Association. He volunteered with Habitat for Humanity and was a member of the We Care Ministry. His services serve as the light for men and women in all walks of life to follow.



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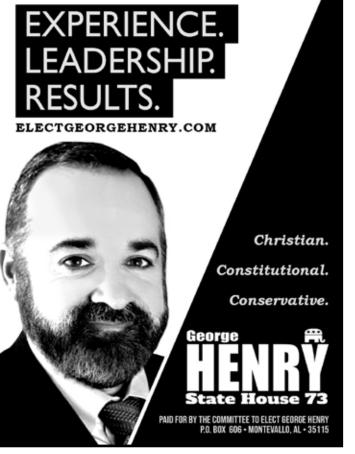
Kale



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000000 Montevallo Making our mark on Downtown! rgains

After visiting American Village's Festival of Tulips, come visit one of the participating businesses listed below for 20% off one item!

Blue Phrog Gallery Brick & Valley Boutique C's Cake & Coffee House DreFit Elite & Co. Montevallo

Falcon Art Supply Happy's Variety Store Save My Cell The Art Studio The Soul Spot Montevallo

Offer valid only during the 2021 blooming season. Limit one per person per day. Discount offered at the discretion of each business. Hours of operation vary by business.



HOW TO WASH YOUR BIKE IN 15 MINUTES

Cleaning your stallion at least once a month will ensure your components function better and last for years to come. Washing your bicycle is easy, but there are a few components that need a bit more attention than others. To wash your bike, prepare the following items:

Bucket of warm, soapy water – bike wash is best, but car wash or dish soap work well too.
 Rinse water – in the form of a garden hose or bucket
 Clean sponge – or a clean rag/towel
 Dirty sponge – or a dirty rag/towel
 Degreaser – WD-40 can work in a pinch
 Chain Lubricant – you can find wet or dry lubricants (dry is recommended for Alabama riding)

Our basic washing strategy is to WET, WASH, RINSE, then LUBRICATE

PREP – if you have multiple gears, place your front chain on the biggest chain ring, and your rear on the smallest. This will help clean the chain later and more easily remove the rear wheel (if you are so inclined).

WET – spray down your bike with a garden hose or some rinse water. The goal is to get off the large chunks of gunk without blasting out the grease from your bearings. Keep in mind most of the dirt is going to be on the back wheel, around the drive train, and on the underside of your bicycle.

DEGREASE – spray degreaser on your drive train. Apply liberally to the chain, front chainrings, and rear freewheel/



cassette gears. Applying this on a wet bike allows it to set-into the dirt that collects on your drive train. Take special note to not spray it into your drivetrain bearings such as the bottom bracket where your pedals pivot through, rear hub on your back wheel, or the rear derailleur pulley wheels. Our goals is to remove grease from the external components of your bike, not to remove the needed lubricants inside delicate components.

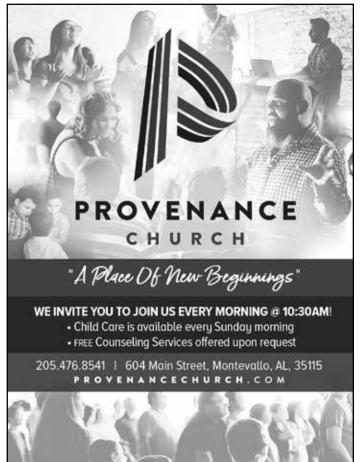
WASH – use your clean sponge or rag to liberally douse and scrub your bike frame from top to bottom with warm soapy water. Often forgotten places include under the seat, between the front and rear forks, brake pads and calipers (on bikes with hand brakes), and under the bottom bracket. Wash your tires, wheel, spokes, and hub. Use your old/dirty sponge to go over the chain to pull off the old gunk (it can be fairly dirty). Use more degreaser if needed at this point. Pay special attention to your front chain rings and rear gears to get in between them and remove the gunk. Pull off the dirt from your rear derailleur and pullevs (they tend to get caked from your rear derailleur and pulleys (they tend to get caked in muck).

RINSE – spray down your bike again to remove all the soapy water and remaining dirt.

LUBRICATE – dry off your chain (it should look shiny and new). Apply chain lubricant per the manufacturer's instructions (usually one drop per link, for the entire chain, then a quick wipe off of the excess after it has penetrated the chain). Consider lubricating your brake calipers but be careful to not get lubricant on your brake pads or braking surfaces.

TUNE-UP – if you want to go a step further take out your wheels (if you have quick release hubs) and inspect them for debris in the tires. Carefully remove/pick out any thorns or brake pads for the same debris. Look for signs of wear on the pads or the brake surfaces and replace if needed.

For more information visit vallocycle.org or contact vallocycle@gmail.com



CITY OF MONTEVALLO NEWS Mayor's Message...

SAP IS STARTING TO RISE

Hello, Citizens of Montevallo. I hope everyone is staying safe! As vaccines become more available, we are

beginning to see Covid – 19 numbers **RUSTY NIX, MAYOR** fall. In the meantime, we can continue to wear our mask/ face shields, wash our hands, use hand sanitizer, and physical distance at least six feet.

Having a background of 37 years in the forest industry, we like to use the phrase that the "sap is starting to rise" when Spring arrives. Trees start budding and the woods start to come alive with new growth. Wood is a renewable resource and I have witnessed two clear cuttings and regrowth in the Pea Ridge area over the last 50 years. Hurricane Zeta took out a lot of our older trees but we will replant new ones in their place.

Thanks to the work of former Mayor Sharon Anderson, Montevallo is recognized as a Tree City. We have celebrated Arbor Day in Montevallo for over 25 years. The Arbor and Beautification Board give away bareroot seedlings and other trees to our citizens and citizens in surrounding areas during this event.



We can also say that the sap in Montevallo is starting to rise with two Dollar Generals coming online this month. One will serve the north end of town and the other will serve the Highway 25 business district. Both are going to be great assets to the city. Also, we have five major subdivisions that are expanding. This means that more citizens will Shop Montevallo. In addition, we are close to having several new businesses open in the Downtown Main Street district. Plus, we have two business space openings on each side of Lucky's Supermarket for new businesses. Let's remember to shop Montevallo first. Support local businesses and keep the tax dollars in the City of Montevallo so the sap will continue to rise.

Thank you for giving me the opportunity to serve as your mayor.



Page 20 | Montevallo Chamber Chatter | March Issue

"The Voice for Business & Community

MILITARY MOMENT

Submitted by Traci Crenshaw, UM Office of Veteran & Military Affairs

Come on warm weather! This month we welcome another spring season, celebrate Women's History month and honor National Vietnam War Veterans Day.

Women's History Month is a dedicated month to reflect on the often-overlooked contributions of women to United States history. From Abigail Adams to Susan B. Anthony, Sojourner Truth to Rosa Parks, the timeline of women's history milestones stretches back to the founding of the United States. If you enjoy history, check out some of these pioneers in our U.S. Armed Forces:

Commander Darlene Iskra Lt. Kelly Flinn Lt. Kara Hultgreen Dr. Mary E. Walker Ms. Annie G. Fox

These women and so many others like them, should have been taught in some sort of history class. However, I had not heard their names, or read their stories, until I took it upon myself to balance out the information I had been served in school.

In addition to Women's History month, I also learned about National Vietnam War Veterans Day. According to museumofmilitaryhistory.com, "National Vietnam War Veterans Day is observed every year on March 29 and is a way to thank and honor our nation's Vietnam veterans and their families for their service and sacrifice. There are five objectives with Vietnam Commemoration and the other four are:

• Highlight the service of our Armed Forces and support organizations during the war

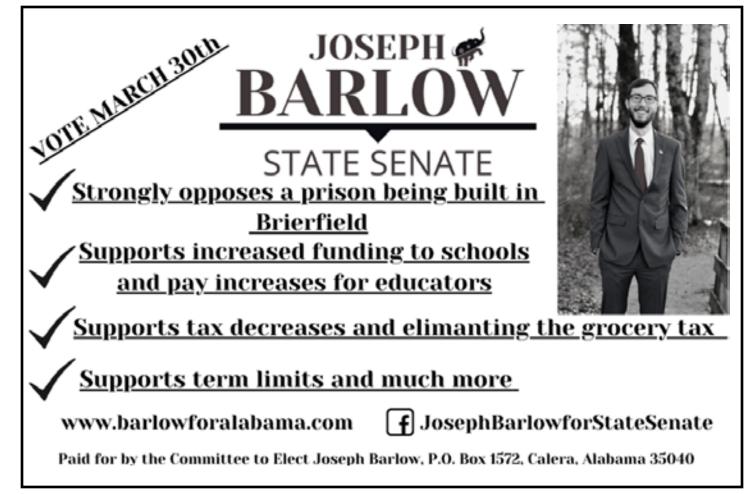
• Pay tribute to wartime contributions at home by American citizens

• Highlight technology, science and medical advances made during the war

· Recognize contributions by our Allies.

National Vietnam War Veterans Day will be observed on Monday, March 29, 2021. My father fought in the Vietnam War and ultimately lost his life from injuries sustained through his service. I wish my story was unique, but sadly it is not. If you know someone that served during this particularly harsh war, please take a minute on the 29th, to say thank you. Perhaps sit and listen to them, if they want to talk. Once these great men and women are gone, so will be the opportunity to learn from them.





LUMA DENTISTRY WELCOMES DR. YARNELL

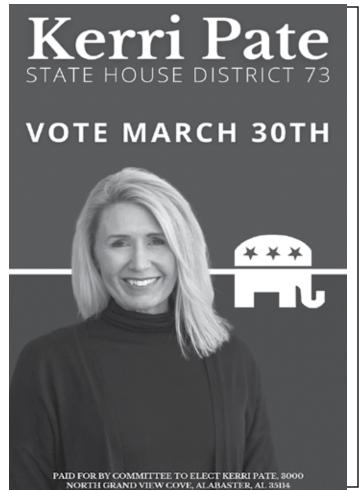
Dr. Aaron Yarnell grew up in Harvest, AL where he graduated from Sparkman High School in 2002. In 2006, he completed his undergraduate work at Auburn University with a Bachelor's Degree in Biomedical Sciences.

Dr. Yarnell continued his education at the University Of Alabama School Of Dentistry in Birmingham. After graduating in 2010, he was an active duty dentist in the United States Army for five years during which he was stationed at Joint Base Lewis-N then on to Ansbach Army Garrison, Germany, and completed his Army commitment at Fort Stewart, Georgia in 2015. Dr. Yarnell continued his education

Dr. Yarnell strives to provide excellent dental care by fostering a calm and friendly environment each and every visit. Dr. Yarnell understands a trip to the dentist can evoke many different emotions but takes time to listen to the patient's concerns and help them restore and maintain their oral health with the best experience possible. Along with a great dental team, Dr. Yarnell and his staff will make it their mission to have quality, efficient dental treatment and maybe even have some fun along the way!

Dr. Yarnell currently resides in Helena, AL, with his wife Heather, two sons Noah and Benjamin, and cats Charlie and Lucy.

Dr. Yarnell has truly enjoyed getting to know the great people of Montevallo and genuinely looks forward to getting involved within the community. The community has been very gracious since arriving at Luma Dentisty Montevallo in November 2020 and he considers it a true blessing to serve this community for their dental needs. their dental needs.





Happy St. Patrick's Day

COMMUNITY CALEND

* DUE TO COVID-19, MOST MEETINGS / EVENTS LISTED BELOW ARE EITHER BEING CONDUCTED VIRTUALLY OR POSTPONED UNTIL FURTHER NOTICE. PLEASE CONTACT INDIVIDUAL ORGANIZATIONS FOR ANY UPDATES.

Thank you & Be Safe

EVERY 2ND & 4TH MONDAY

City Council Meeting, 6:00 p.m., City Hall, 5:30 p.m. Work Session

EVERY 1ST & 3RD MONDAY (Sept.-April)

Montevallo Civitan Club, 5:30 p.m., University Baptist Church, 160 Shoshone Dr.

EVERY 2ND MONDAY

MDCD Montevallo Development Cooperative District 1 p.m., Meets at Parnell Library

EVERY 1ST TUESDAY

Historical Commission, 6:30 p.m., Conference Room at Parnell Library.

EVERY TUESDAY

Ladies Bible Study - Community Wide 10:00-11:00 am, Montevallo First Baptist Church Fellowship Hall

EVERY TUESDAY -

7-8:30 pm, Montevallo Community Chorale meets at Choir Room of Davis Hall on UM Campus.

EVERY TUESDAY

Montevallo Community Chorale, 7 pm, Meets in the Choir Room of Davis Hall.

EVERY WEDNESDAY-SATURDAY

Aldrich Coal Mine Museum and Farrington Hall is OPEN from 10 a.m. until 4 pm

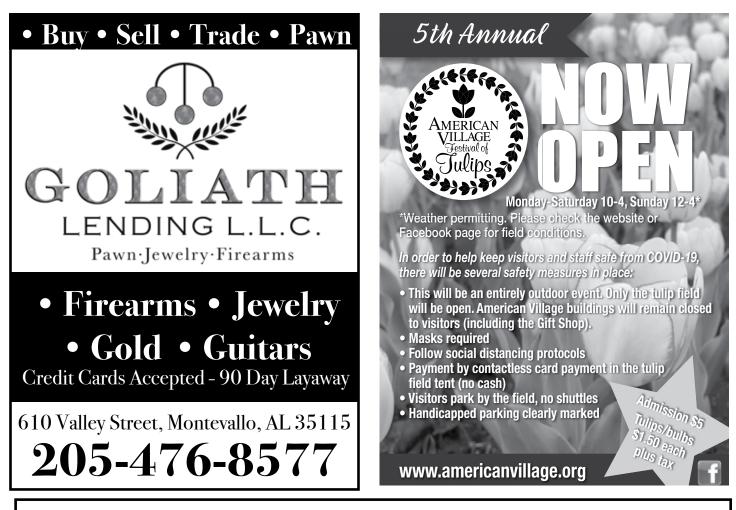
EVERY THURSDAY

Rotary Meeting, noon, Parnell Library Meeting Room, 277 Park Drive

EVERY 2ND WEDNESDAY

Montevallo Water & Sewer Board Meeting, 9:00 a.m.

EVERY 3RD SATURDAY MORNING Clothes Giveaway, St. Andrews Episcopal Parish Hall 925 Plowman Street, Montevallo



On March 30th Vote for a Positive Change in Alabama Politics! Donna Strong as Your New State Senator for District 14.



Paid for by Committee to Elect Dr. Donna Strong Alabama State District 14 P.O. Box 527 • Alabaster, Alabama 35007

Donna, a Shelby County native, has been a public school teacher for 32 years and has three children with her husband Russell, a retired veteran of the US Navy.

Working together we can...

- -Improve public education
- -Provide better health services
- -Protect children from abuse
- -Keep our environment cleaner
- -Support First Responders

Graduate of Chelsea High School B.S. and M.Ed. from Auburn University Ph.D. from Penn State University







MONTEVALLO ATHLETICS

MARCH SCHEDULE

DAY	MONTH	DATE	TIME	EVENT	SPORT	LOCATION
WEDNESDAY	MARCH	3RD	2:00 PM	TUSKEGEE	BSB	MONTEVALLO, AL
FRIDAY	MARCH	5TH	5:00 PM	VALDOSTA STATE	BSB	MONTEVALLO, AL
FRIDAY	MARCH	5TH	7:00 PM	WESTMINSTER COLLEGE	MLAX	MONTEVALLO, AL
SATURDAY	MARCH	6TH	1:00 PM	VALDOSTA STATE (DH)	BSB	MONTEVALLO, AL
SATURDAY	MARCH	6TH	3:00 PM	VALDOSTA STATE (DH)	SB	MONTEVALLO, AL
SUNDAY	MARCH	7TH	12:00 PM	VALDOSTA STATE	SB	MONTEVALLO, AL
WEDNESDAY	MARCH	10TH	2:00 PM	COLUMBUS STATE (DH)	SB	MONTEVALLO, AL
THURSDAY	MARCH	11TH	7:00 PM	AUM	VB	MONTEVALLO, AL
FRIDAY	MARCH	12TH	2:00 PM	CHRISTIAN BROTHERS	TENNIS	MONTEVALLO, AL
SATURDAY	MARCH	13TH	3:00 PM	LEE UNIVERSITY	WSOC	MONTEVALLO, AL
FRIDAY	MARCH	19TH		FALCON CLASSIC	TRACK	MONTEVALLO, AL
SATURDAY	MARCH	20TH		FALCON CLASSIC	TRACK	MONTEVALLO, AL
WEDNESDAY	MARCH	24TH	2:00 PM	MILES	BSB	MONTEVALLO, AL
WEDNESDAY	MARCH	31ST	1:00 PM	SHORTER UNIVERSITY	TENNIS	MONTEVALLO, AL

CROSSWORD PUZZLE

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by Steve Forrester



GET INVOLVED! Join the Montevallo **Chamber of Commerce** 205-665-1519



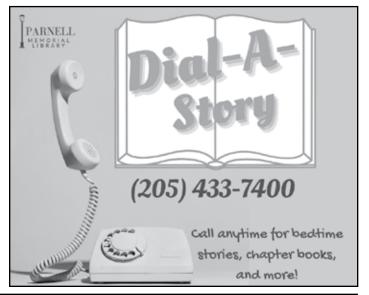
Page 26	Montevallo	Chamber	Chatter	March	
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Across	Down	32. Animal pals
1. Back of the pack	1. Southeast Asian nation	34. Golfer's gadget
5. 1st place medal	2. Old-style gelatin dish	35. + or - item
9. Up and about	3. Court recorder, informally	
11. Creme de	4. <i>Sn</i> on the Periodic	
12. Like an easily proven criminal case	Table	
14. Gluttony, for one	5. Fuel	
15. Dog's coat	6. Yellowishbrown	
16. Bard's "before"	7. Actresses Linney or Dern	
17. Corn holder?	8. Heap affection on	
19. 'Hooded' snake	10. Her Majesty's fighter	
21. Mild, as weather	planes	
23. Ill-gotten gains	11. Kind of drive	
25. Approx.	13. Type of submarine	
28. Slangy affirmative	18. TV in the UK	
29. Deface	20. "See ya!"	
31. Bottle topper	22. Packing	
33. Magnum Opus	23. Retain new knowledge	
36. Beliefsystem	24. Emotional	
37. ImpressionistClaude	26. Play part	

Puzzle solution for

February

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"The Voice for Business & Community"

BLOCK THE BRIERFIELD PRISON NO PRISON IN OUR BACKYARD

Gov. Ivey wants to sign a 30 year lease on the building of a new 3,100 inmate prison 5 miles away.

Say NO! Make your voices heard!

Governor Kay Ivey

600 Dexter Avenue Montgomery, AL 36130 PH: 334.242.7100 FX: 334.353.0004

Russell Bedsole

AL Rep. - Dist. 49 417 Sterling Park Circle Alabaster, AL 35007 PH:334-261-0500

Jeff Dunn

ADOC Commissioner 301 S. Ripley Street P.O. Box 301501 Montgomery, AL 36130 Office: 334-353-3883

BLOCKBRIERFIELDPRISON.COM

Paid for by Block the Brierfield Prison P.O. Box 656 Calera, AL 35040

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MONTEVALLO FAMILY HEALTH CENTER



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Accepting New Patients

Uninsured

Insured (including Medicaid, Medicare and Blue Cross)

Patients 14 years of age and older

WALK-INS WELCOME

MONDAY - FRIDAY

7:30 am - 4:30 pm (closed for lunch from 12:00 pm - 1:00pm)

www.healthservicesinc.org

